

Madison Area OA Intergroup (IG)
Meeting Minutes for November 3, 2019
Meriter Hospital in Madison, Wisconsin

Present: Cassidy (Elroy), Laurie (Friday 5:30 Plymouth Church), Jill, Ryan, Patty S. (Tuesday, 7 p.m. Fitchburg Serenity Club), Melanie, Deanna

Present via telephone: Mary (Cambridge)

Opening

The meeting began at 10:15 a.m. The Serenity Prayer was recited and Laurie read the 6th Concept of Service. The September meeting minutes were approved. Cassidy noted that she had a piece of new business to add to the agenda and it was approved.

Elections

Elections were held and the IG positions were filled as follows:

Chair – Ryan

Treasurer – Jill

Secretary – Cassidy

Meeting Lists – Pam S.

Workshops – Melanie

Website -- Patty

Region 5 Delegate – Cassidy (prior to this position being filled, there was discussion as to whether we had funds to send a Delegate to Region 5 events. It was determined that we did have the funds.)

Chair's Report

- The Region 5 Fall Assembly is November 8th – 10th in Cleveland, OH. We don't have a delegate at this time but interested parties can attend as a visitor. For more information, please visit: <http://region5oa.org/2019-fall-assembly-november-8-10-2019/>
- World Service Business Conference is April 20 – 25, 2020. For more information and for documents, please visit: <https://oa.org/members/events/world-service-business-conference/>
- Lifeline magazine will cease publication after 2020. For a full year subscription for 2020, the deadline is December 17, 2019.
- There is a new pamphlet available called, "Welcome Back: Suggestions for Members in Relapse and for Those Who Care" <https://oa.org/new-welcome-back-pamphlet-revised-and-expanded/>
- WSO Event Calendar – we are allowed to add our events <http://oa.org/members/events/>
- OA's Social Media Page – we are also allowed to post on OA's Facebook page: <facebook.com/overeatersanonymousofficial/>

Treasurers' Report

Our current checking account balance is \$2,690.25 and the savings balance is \$356.66. The latest Treasury reports are now on the website.

Meeting List Update

- Carol will update the meeting list in November
- Jill will ask Carol to get in touch with Patty, our new Meeting List Coordinator
- Melanie announced that the 9:00 a.m. meeting at Meriter has been experiencing low attendance. They might try moving it to 10:00 a.m. at Plymouth Church. More information to follow.

Workshops

- Relapse Prevention Workshop (Laurie) – These meetings will be held beginning on November 20th as follows:
 1. Wednesdays 9:30 to 10:30 a.m. at the Oakland Cambridge Church (no call-in number; members will use their own cell phones)
 2. Wednesdays 5:30 to 6:30 p.m. at the Plymouth Church (call-in number is 720-835-5412, PIN is 77940#)
- Winter Blues Workshop (Ryan) – This Workshop will be on February 16th, 2020 at the Threshold. There is a flyer on the OA Madison IG website, but Ryan will provide a more printer-friendly version. Cassidy will reach out to the Milwaukee and Rock County Intergroups so that they may participate as well.

New Business

Cassidy brought up the idea of a mini retreat based on a cabin rental that she won recently. It is located outside of Galesville, which is north of La Crosse. It would cost \$85 for two nights and would sleep up to 21 people. She will provide more information at future meetings.

IG Meetings for 2020

The next IG meeting will be on January 12, 2020 at 10:15 a.m. at Meriter Hospital. Ryan will reserve the room. At that meeting, the new IG members can discuss the meeting dates, times and location for the rest of 2020.

The Serenity Prayer was recited and the meeting was adjourned.